

Reflections for Holy Week

- Human & Environmental Development Program – Dr. Lesya Sabada

ENERGY WEEK

- **Install LEDs.** Increasing energy efficiency is the first step in stewarding the resources we've been given. Replace extinguished bulbs with efficient, long-lasting LEDs.
- **Conserve.** Neither the blessing of abundant power nor the dirty fuels that often make it possible should be taken for granted. Set large appliances like refrigerators and water heaters on the lowest possible setting. Turn off anything that has a switch when you're not using it.
- **Go renewable.** Commit to getting one piece of solar equipment in 2019. This could be a solar light, a solar charger for your phone, or solar panels for your home or parish.
- **Look beyond the power bill.** The way electricity is generated in your area will have consequences for generations. Find out how electricity is produced in your region.
- **Adjust your thermostat.** Air conditioning and heating are both very energy-intensive. Adjust by as much as possible in solidarity with your brothers and sisters around the world.
- **Choose smart transport.** As well as contributing to climate change, burning petrol and diesel fuels creates air pollution. Carpool, use public transportation, walk, or cycle wherever possible. If a car is your only option, drive to increase fuel efficiency.

Check out the:

- Anglican Communion Environmental Network: <https://acen.anglicancommunion.org/>

- Global Catholic Climate Movement: <https://catholicclimatemovement.global/>