

Holy Saturday



- Spend some time in prayer before the plaschanitza. Sing “Noble Joseph”.
 - The noble Joseph took down Your most pure body from the tree.
 - He wrapped it with a clean shroud and, with aromatic spices, placed it in a new tomb.
- On Holy Saturday, the Church directs and concentrates our attention on our Lord’s tomb. It is from the Galilean women that shows us what our attitude should be at such moments. They have observed the grave; they know where Jesus is. The women are not idle, they do not say: ‘Now nothing can me done.’ They prepare spices with which to anoint Jesus’s body. They continue to honour him.
- The peace of Holy Saturday is entirely oriented towards the great event of Sunday morning, towards the power and the joy of the Resurrection
- While we wait, let us prepare for the joy of Resurrection.

Holy Week video from the Youth Ministry Office (Eparchy of Saskatoon). <https://www.youtube.com/watch?v=3KnEwZ6fVHQ>

Preparing your Easter Basket:

- Whatever you have on hand will work. Listed below is a suggestion, but **feel free to make substitutions for whatever you have on hand. (There is no need to go out to buy something, use what you have at your house.)** Tomorrow morning you can use Holy Water to bless this meal as you eat the meal celebrating the Resurrection. If you do not have Holy Water, pray a special prayer asking for Jesus to bless your food.
- Items for your Easter basket (and why it is often included in Easter Baskets)
 - **Paska, the Easter bread**, is a large, round, elaborately decorated loaf of bread. It symbolizes the joy of life given to us by Jesus Christ.
 - **Babka**: A tall, sweet bread, placed in the Easter basket in honor of Mary, the Mother of God, who was intimately connected with her Son's suffering and death.
 - **Eggs**: A sign of hope and resurrection. Jesus comes forth from the tomb as the chick breaks the shell at birth.
 - **Horseradish**: symbolizes the bitterness of sin and the difficulties that we endure throughout our earthly life. It also reminds us of the bitterness of Jesus' passion by which He entered into glory.
 - **Butter** is symbolic of burial ointment. This product may be shaped into a lamb or decorated with whole cloves or peppercorns in the form of a cross.
 - **Salt**: a reminder of the commitment to follow Christ: in His words "You are the salt of the earth...."
 - **Kovbasa**: a garlic sausage is indicative of God's favor and generosity.
 - **Ham**: The richness of this meat is symbolic of the great joy and abundance of Easter.
 - **Pysanky**: (Decorated Easter Eggs): Symbolic of Christ's death and Resurrection. These decorations can provide elaborate designs or pictures that remind us of the goodness of God.



- **Candle:** is placed in the basket and lit during the blessing celebration. It is symbolic of Christ, "the Light of the World," who brought us the glorious good news of the New Life.
- **Rushnyk** (covering towel) This embroidered cloth reminds us of Christ's shroud and of our baptismal robe.
- **Others? What is your family tradition?**

(List referenced from <https://www.stnicholasucp.ca/our-faith/great-lent-easter>)

(Image accessed from: <https://suburbangrandma.com/ukrainian-traditionaleaster-basket-special-food-and-symbolism/>)



(image accessed from <http://www.stjvny.org/our-icons>)

- **Online services for Holy Saturday: More links available at:**
<https://www.skeparchy.org/wordpress/liturgy-live-services-for-holy-week-easter-eparchy-of-saskatoon-and-beyond-including-blessings-booklets-for-services/>

Place	Time	Online link
St. George Cathedral – Stoon	9:00 am Divine Liturgy of St. Basil with Vespers / (Bilingual)	– Livestream»
Dormition S'toon		
Ss. Peter & Paul Saskatoon	Easter basket blessing.	YouTube Channel»»
St. Athanasius Regina	4:30 pm – Nadhrobne Service	– Livestream»»
Sacred Heart Ukr. Church Ituna	10:30 am – Divine Liturgy of St Basil the Great for Great and Holy Saturday	– Livestream»»