

# **Guidelines for return to Church**

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- If you are sick or been exposed to someone who is sick, please stay home. Bishop has provided a dispensation so no one should feel pressured to return. If you are unwell or feel the risk is too high, please stay home. There are ways to participate in worship by watching the services online and praying for spiritual communion.
- The safest way for us to operate is to ensure everyone follows:
  - hand hygiene (washing hands and using sanitizer often)
  - social distancing. This means that you may not be able to sit in your regular spot, but we must ensure everyone is safe and this comes from social distancing.
  - cover your cough or sneeze with your arm and avoid touching your face
  - at this time, we will not sing the services
- Avoid any frequently touched areas. Books are to be used then left in the pews. Candles are not to be lit. Holy water dispenser is not to be used. Church collections should be placed in a basket when you enter or leave.
- **Bring a piece of paper with your name, phone number, and date you attended church service, in case of an outbreak, and drop it in the collection basket when arriving. If you forget, fill out the sheet of paper in the pews. These can be dropped in the collection basket on your way out.**
- Washroom use should be minimized.
- For communion, please remember
  - Masks are recommended
  - Ensure you are six feet apart
  - Communion – the Body of Christ (not mingled with the precious blood) will be placed into the hand. Communion will occur at the end of the service.
- We are not to gather after church to socialize. Please exit using social distance guidelines.
- This protocol is in place to ensure we are as safe as we can be as we gather together to pray.